



## 6U Referee Guidelines

Thanks for volunteering to referee in 6U! These guidelines should answer your questions. For more information, please see the Region 10 website at [www.ayso10.org](http://www.ayso10.org), or The Laws of the Game at [www.TheIFAB.com](http://www.TheIFAB.com).

Ball Size	<b>3</b>
Players per side	<b>3</b> (no goalkeepers) Each team is split into 2 teams and 2 games will occur at the same time on fields that are side-by-side.
Minutes per half	<b>10</b> Substitution break near the 5 minute mark (recommended when the ball is out of play); Minimum halftime is 5 minutes.
Coaches on Field	<b>Yes</b> , 1 coach from each team is allowed on the field to help direct the players. Note that in 6U, referees are optional. If there is no referee, the coaches act as referees.
Substitutions	Made only at quarter breaks and halftime (unless for health or injury)
Quarters each player should play	<b>3</b> , but if a child can play only 1 or 2 quarters this is allowed
Throw-Ins & Offside Calls	In 6U, throw-ins are not done when the ball crosses the touchline. Instead, the opponents of the team that last touched the ball before it crossed the touchline get to place the ball on the touchline and kick it in to play. This is called a "pass in." Note that the barest of minimum rules are needed and should be applied with a generous amount of flexibility.  <b>Offside is not enforced for 6U.</b>
Fouls and Penalty Kicks	<b>All free kicks are Direct Free Kicks in 6U.</b> All opponents must be 5 yards away from the ball.
Player Safety	<b>Deliberate heading of the ball is not allowed in 6U.</b> Award a direct free kick to the opposing team.

<p>Tolerance for players' jewelry, casts, slings, hard objects in hair, blood on uniform or body</p>	<p><b>0</b></p> <p>National and Region rules prohibit ALL jewelry. <b>Under no circumstances are players allowed to play with any form of casts, slings, earrings, necklaces, watches, rings, bracelets, or any hard object in the hair. (Prescription eyewear is allowed. Medical Alert bracelets and necklaces are allowed if taped to the body.)</b></p> <p>In the event that any of these conditions exist, you must either take the corrective action or not allow the player to play. In the case of a player who presents him/herself with a cast or sling, that person may not be allowed to play even if he/she removes the cast or sling while present. <b>A player may not play with any form of cast or sling even with a doctor's note.</b></p> <p>In the event of any injury resulting in blood, the player must leave the field until all blood is removed or neutralized in accordance with AYSO Safe Haven Policy. Coaches may have hydrogen peroxide in their bags to neutralize the blood and extra uniforms. A player cannot re-enter the Game with untreated blood. All wounds need to be covered with a bandage.</p>
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- ✓ Start the game on time (especially after we lose Daylight Savings Time).
- ✓ Keep the game fun for you, the spectators, and most importantly, the PLAYERS.
- ✓ Every effort should be made to keep the game moving and free from stoppages for trivial & doubtful infractions. Let them play and enjoy.

If you have any questions on these guidelines, please contact the Regional Referee Administrator listed in the Board Contacts section of the Region 10 website.

Also, as your children move on to older age divisions, remember to upgrade your referee badge by taking additional courses that are appropriate for their age. See any of the Region 10 referee staff on how to do this.