

AYSO Region 10 – Age Division Summary Sheet

Age	Ball Size	Players	Min. Players	Game Length (mins)	Goal-keeper	Max Qtrs as Keeper	Restart after Fouls	Throw Ins	Show Cards	Heading	Punting	Offside	Build Out Line	Center Refs and Assistant Refs
6U	3	3	N/A	2 X 10	N	N/A	All DFKs	N - Pass in	N	N	N	N	N	None
7U	3	4	N/A	2 X 20	N	N/A	All DFKs	N - Pass in	N	N	N	N	N	None
8U	3	6 + keeper	N/A	2 X 20	Y	1	All DFKs	Y	N	N	N	N	N	1 (CR)
9U	4	6 + keeper	5	2 X 25	Y	2	usual	Y	N	N	N	Y	Y	3 (CR + 2 ARs)
10U	4	6 + keeper	5	2 X 25	Y	2	usual	Y	N	N	N	Y	Y	3 (CR + 2 ARs)
11U	4	8 + keeper	7	2 X 30	Y	3	usual	Y	Y	N	Y	Y	N	3 (CR + 2 ARs)
12U	4	8 + keeper	7	2 X 30	Y	3	usual	Y	Y	N	Y	Y	N	3 (CR + 2 ARs)
14U	5	10 + keeper	7	2 X 35	Y	4	usual	Y	Y	Y	Y	Y	N	3 (CR + 2 ARs)

All Divisions: all players must play 3 quarters unless injured or leave early; substitution break approx. midway through each half; can add time if the game schedule allows this.

Fouls in 6U/7U/8U are all restarted with Direct Free Kicks (DFKs); 9U and older uses the usual Indirect Free Kicks, DFKs and Penalty Kicks.

Center Refs in 9U/10U should be neutral to both teams; ARs can be non-neutral to a team. During playoffs, all 3 must be neutral.

See each age division's Referee Guidelines on the Referee page of AYSO10.org for full details.

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