



# 2024 SPRING ACADEMY

STARTS W/C APR 8



### ABOUT THE ACADEMY

An Academy is a developmental program for players aged 4 - 14. It features 1 x 1hr midweek practice with one of our coaches, plus 1hr of small sided scrimmages on either Friday or Sunday.

### PRACTICE SCHEDULE

Choose a day  9 weeks

**MON** 4.30PM: 8-9 yrs  
5.30PM: 10-11 yrs  
6.30PM: 12-13 yrs

**TUE** 4.30PM: 8-9 yrs  
5.30PM: 10-11 yrs  
6.30PM: 12-13 yrs

**WED** 4.30PM: 4-5 yrs  
5.30PM: 6-7 yrs  
6.30PM: 9-14 yrs *Elite*

**THU** 4.30PM: 4-5 yrs  
5.30PM: 6-7 yrs  
6.30PM: 9-14 yrs *Elite*



 **REGISTER NOW**  
[firsttouchcoaching.com](http://firsttouchcoaching.com)

